

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p><b>For movies the star of the month is Paul Newman. Please watch the calendar for some new things. Who am I are pictures of our residents!</b></p>	<p><i>New Year's Day</i></p>  <p><b>Happy Birthday Ibrahim</b> Rose Bowl Game 7:00 Treat Bingo</p>	<p><b>No Hydro tub today</b></p> <p>9:30 Gentle Fitness 2:30 Coffee Outing at McNally Robinson 7:00 Cards</p>	<p><b>Doctor Day – sign up</b></p> <p>9:30 Strength Training 2:30 Parktown Pool with Shauna-sign up 7:00 Nickel Bingo</p>	<p><b>Happy Birthday Joyce</b></p> <p>Foot care –sign up Mall Day-sign up 9:00 Foot Care 9:30 Gentle Fitness 2:00 The Mall at Lawson Heights</p>	<p>9:30 Fitness Fun 2:30 Pre- planning party for commercial shoot with Debbie Jeffreys 7:00 Tile Rummy</p>	<p><b>Happy Birthday Gordon</b></p> <p>9:00 Gentle Fitness DVD 2:00 Crossword fun with Shauna 7:00 Movie Night</p>	
<p><b>No mall trip this week</b></p> <p>On Your Own</p>	<p><b>Happy Birthday Dorothy</b> Pharmacist Day-sign up 9:30 Yoga Chair Exercises 2:00 Monday Matinee 7:00 Treat Bingo</p>	<p><b>Happy Birthday Emma Loraas</b> Hydro Tub – sign up 9:30 Gentle Fitness 2:30 January Birthdays Entertainment by Harry Smith 7:00 Cards</p>	<p><b>Reflexology Day-sign up</b></p> <p>9:30 Strength Training 2:00 Kaiser/Pool 7:00 Nickel Bingo</p>	<p>Jay unavailable for Mall Trip this week. 9:30 Gentle Fitness All day activities for filming of commercial for Global T.V.</p>	<p>9:30 Fitness Fun 2:30 Happy Hour 7:00 Tile Rummy</p>	<p>9:00 Gentle Fitness DVD 2:00 Cards 7:00 Movie Night</p>	
<p>On Your Own</p>	<p><i>Martin Luther King Day</i></p> <p><b>Beltone Hearing-sign up</b> 9:30 Yoga Chair Exercises 2:30 Swimming with Shauna 7:00 Treat Bingo</p>	<p><b>Hydro Tub – sign up</b></p> <p>9:30 Gentle Fitness 2:30 Wellness with Music-Presentation given by Ruth Eliason 7:00 Cards</p>	<p><b>Doctor Day – sign up</b></p> <p>9:30 Strength Training 2:30 Bridge/Crib 7:00 Nickel Bingo</p>	<p>Danny Kay born 1913 Mall Day-sign up 9:30 Gentle Fitness 2:00 Market Mall</p>	<p><b>Denturist Day – sign up</b></p> <p>9:30 Fitness Fun 2:30 Staff Appreciation Tea 7:00 Tile Rummy</p>	<p>George Burns Born 1896 9:00 Gentle Fitness DVD 2:00 Coffee Talk with Shauna 7:00 Movie Night</p>	
<p>On Your Own</p>	<p>9:30 Yoga Chair Exercises 2:30 Swimming with Shauna 7:00 Treat Bingo</p>	<p><b>Happy Birthday Vina</b> Hydro Tub – sign up 9:30 Gentle Fitness 2:30 Improving your Memory-presentation by Sarah from Older Adult Wellness-Public Health 7:00 Cards</p>	<p><b>Happy Birthday Michael &amp; Judy</b> Reflexology Day-sign up 9:30 Strength Training 2:30 Bridge/Crib 7:00 Nickel Bingo</p>	<p>Robbie Burns 1759 Mall Day-sign up 9:30 Gentle Fitness 2:00 Midtown Plaza</p>	<p>Paul Newman Born 1925 9:30 Fitness Fun 2:30 Welcoming Tea &amp; Entertainment 7:00 Tile Rummy</p>	<p>9:00 Gentle Fitness DVD 2:00 Crossword fun with Shauna 7:00 Movie Night</p>	
<p>On Your Own</p>	<p><b>Happy Birthday Michele</b> 9:30 Yoga Chair Exercises 2:30 Swimming with Shauna 7:00 Treat Bingo</p>	<p><b>Hydro Tub – sign up</b></p> <p>9:30 Gentle Fitness 2:00 Resident Council Meeting 7:00 Cards</p>	<p><b>Doctor Day – sign up</b></p> <p>9:30 Strength Training 2:30 Bridge/Crib 7:00 Nickel Bingo</p>	 <p><b>January 2007</b> REMINISCENCE MONTH</p>			