



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
International Day of Older Persons 2:00 Whist	Yom Kippur Reflexology Day 9:10 Morning Devotions 9:30 Exercises with Michele 1:00 Reflexology 2:30 Coffee party with Charlie Clark –he is running for council. 7:00 Nickel Bingo	Hydro Tub Day -sign up 9:10 Morning Devotions 9:30 Gentle Fitness DVD 2:30 Crafts & Knitting Social time to prepare for Christmas Tea. Everyone welcome. 7:00 Cards	9:10 Morning Devotions 9:30 Exercises with Michele 10:30 Vitamin Information Session 1:30 Spotlight on Seniors at TCU Place(Cen. Aud.) \$5 entrance fee – sign up 7:00 Treat Bingo	Mall Day – sign up 9:00 Foot care – sign up 9:30 Gentle Fitness DVD 2:00 Wal-Mart @ Preston Crossing 7:00 Ball Room Dancing Demonstration	World Smile Day!! Help one person smile. 9:30 Exercises with Michele 2:30 Piano entertainment by Genevive Ens 7:00 Tile Rummy	Frugal Fun Day 9:00 Gentle Fitness –DVD 2:00 Ice cream / Coffee Have some frugal fun! & Mysterious Riddles 7:00 Sequence Card Game
 Happy Thanksgiving Have a wonderful weekend! 2:00 Whist	<i>Columbus Day (US)</i> <i>Thanksgiving Day (Canada)</i> 1:30 Cribbage /Pool 2:00 Mystery Movie Monday 7:00 Nickel Bingo	Hydro Tub Day -sign up 9:30 Gentle Fitness DVD 2:00 Baking shortbread with the Chef for Christmas Tea 7:00 Cards	Doctor Day -sign up 9:30 Exercises with Michele 2:30 Crafts & Knitting Social time to prepare for Christmas Tea. Everyone welcome. 7:00 Treat Bingo	Happy Birthday Ave Mall Day – sign up 9:10 Morning Devotions 9:30 Gentle Fitness DVD 2:00 Market Mall	9:10 Morning Devotions 9:30 Exercises with Michele 2:30 October Birthdays Entertainment by Country Two 7:00 Tile Rummy	9:00 Gentle Fitness –DVD 2:00 Hot Chocolate w/whip cream & do the October IQ 7:00 Sequence Card Game
2:00 Whist	Pharmacist Day -sign up 9:10 Morning Devotions 9:30 Exercises with Michele 1:00 Pharmacist Clinic -Vial of Life, Blood Pressure, & Prescriptions 2:00 Coffee party w/Mayor Don Atchison 7:00 Nickel Bingo	Hydro Tub Day -sign up 9:10 Morning Devotions 9:30 Gentle Fitness DVD 2:00 Parkville Manor's 1st Anniversary Celebration 7:00 Cards	Reflexology Day -sign up 9:10 Morning Devotions 9:30 Exercises with Michele 1:00 Reflexology 2:30 Coffee at Dutch Growers check out their Pumpkin Display 7:00 Treat Bingo	Mall Day – sign up 9:10 Morning Devotions 9:30 Gentle Fitness DVD 2:00 Midtown Plaza	Denturist Day -sign up 9:10 Morning Devotions 9:30 Exercises with Michele 10:00 Denture Clinic 2:30 Happy Hour-bring your stories & jokes!! 7:00 Tile Rummy	Happy Birthday Beth 9:00 Gentle Fitness –DVD 2:00 Hot Chocolate w/whip cream & figure out the Double "O"s 7:00 Sequence Card Game/ Movie Night
Mother-in-law Day 2:00 Whist	Happy Birthday Lori Beltone Hearing -sign up 9:10 Morning Devotions 9:30 Exercises with Michele 1:00 Beltone Hearing Clinic 2:30 Mystery Movie Monday 7:00 Nickel Bingo	Don't work overtime day Hydro Tub Day -sign up 9:10 Morning Devotions 9:30 Gentle Fitness DVD 2:00 Resident Council Meeting 7:00 Cards	Civic Election Day -sign up Doctor Day -sign up 9:10 Morning Devotions 9:30 Exercises with Michele 10:30 Depart for voting 2:30 Pumpkins to be carved All hands needed 7:00 Treat Bingo	Happy Birthday Heather Mall Day – sign up 9:10 Morning Devotions 9:30 Gentle Fitness DVD 2:00 The Mall at Lawson Heights	9:10 Morning Devotions 9:30 Exercises with Michele 2:30 Welcoming Tea and entertainment by Allspice Girls 7:00 Tile Rummy	Happy Birthday Anne 9:00 Gentle Fitness –DVD 2:00 Hot Chocolate w/whip cream Do Mixed –up Halloween 7:00 Sequence Card Game/ Movie Night
<i>Daylight Saving Time Ends</i> Fall Back Day! 2:00 Whist	9:10 Morning Devotions 9:30 Exercises with Michele 2:30 Cribbage/Pool 7:00 Nickel Bingo	<i>Halloween</i> Dress like a Witch today!! Vote for your favorite. Hydro Tub Day -sign up 9:10 Morning Devotions 9:30 Gentle Fitness DVD 2:30 Halloween Social 7:00 Cards	 <h1>October 2006</h1> <h2>Calendar of Events</h2>			

