

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
ACTIVITY <i>Connect</i> Please note 1 st week Michele is here Monday and Thursday. After that Michele will be coming more often during the weeks to follow.	<i>May Day</i> Happy Birthday Deb 9:30 Exercises with Michele 2:30 May Day Celebration w/Mel, Ray & Friends 7:00 Nickel Bingo	Hydro Tub Day – sign up 9:30 Walk in the Park 2:30 Folk Art with Lori 7:00 Whist/cards	9:30 Laughter Fitness Club 2:00 Treat Bingo 6:30 Entertainment by Howard Cable & David Kaplan	Foot Care – sign up Mall Day – sign up Happy Birthday Sandy 9:00 Foot Care 9:30 Exercises with Michele 2:00 The Centre 2:30 Pool/Billiards	<i>Cinco de Mayo</i> 9:30 Exercises 2:30 Cribbage 7:00 Tile Rummy	2:30 Ice Cream Treats & Skip Bo 7:00 Rumoli/Movie Night
7 National Herb Week 7:00 Scrabble	8 Coffee Day – sign up 9:30 Exercises with Michele 2:30 Coffee at Fine Art Cafe 7:00 Nickel Bingo	9 Hydro Tub day sign – up 9:30 Walk in the Park 2:30 Boots Scootin Gals Line Dancing in Ball Room 7:00 Whist/cards	10 Doctor Day – sign up 9:30 Exercises with Michele 2:30 Herbs and its Uses By Helga from Helga's Herbs 7:00 Treat Bingo	11 Mall Day – sign up 9:30 Laughter Fitness Club 2:00 Mall at Lawson Heights 2:30 Pool/Billiards	12 9:30 Exercises with Michele 2:30 May Birthdays & Piano Skit Entertainment 7:00 Tile Rummy	13 2:30 Ice Cream Treats & Skip Bo 7:00 Rumoli/Movie Night
<i>Mother's Day</i> 14 11:00 – 2:00 Brunch with Piano entertainment 11:30 -1:30 7:00 Scrabble	15 Pharmacist Day – sign up Beltone Hearing Day- sign up 9:30 Exercises with Michele 10:00 Pharmacist 1:00 Beltone Hearing Clinic 7:00 Nickel Bingo	16 Hydro Tub Day – sign up Reflexology Day – sign up Happy Birthday Kathleen 9:30 Walk in the park 1:30 Reflexology 2:30 Art with Lori 7:00 Whist/cards	17 9:30 Exercises with Michele 10:30 Complementary Therapy Talk with Michele 7:00 Treat Bingo	18 Mall Day – sign up 9:30 Laughter Fitness Club 2:00 Market Mall 2:30 Pool/Billiards	19 Dress Hawaiian!! 9:30 Exercises with Michele 3:00 Happy Hour on the Deck. Wear something Hawaiian 7:00 Tile Rummy	20 2:30 Ice Cream Treats & Skip Bo 7:00 Rumoli/Movie Night
21 7:00 Scrabble	<i>Victoria Day (Canada)</i> 22 10:00 Queen Victoria Trivia 2:00 Queen Victoria's Empire - video 7:00 Nickel Bingo	23 Hydro Tub Day – sign up 9:30 Walk in the park 2:30 Cook with the Chef 7:00 Whist/cards	24 Coffee Day – sign up Doctor Day – sign up 9:30 Exercises with Michele 2:00 Coffee at Dutch Growers Garden Centre & Bistro 7:00 Treat Bingo	25 Mall Day – sign up 9:30 Laughter Fitness Club 2:00 Midtown Plaza 2:30 Pool/Billiards	26 Denturist Day-sign up 9:30 Exercises with Michele 10:00 Denture Clinic 2:30 Welcoming Tea with Entertainment 7:00 Tile Rummy	27 2:30 Ice Cream Treats & Skip Bo 7:00 Rumoli/Movie Night
28 7:00 Scrabble	<i>Memorial Day (US)</i> 29 9:30 Exercises with Michele 2:30 Don't Make Me Laugh Game 7:00 Nickel Bingo	30 Hydro Tub Day – sign up 9:30 Walk in the park 2:30 Resident Council Mtg 7:00 Whist/cards	31 Reflexology Day – sign up 9:30 Exercises with Michele 1:00 Reflexology 2:30 Cribbage 7:00 Treat Bingo	<h1>May 2006</h1> <h2>Calendar of Events</h2>		