

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

MARCH 2007
HAPPY ST PATRICK'S DAY!

<p><i>Purim</i> 4</p> <p>2:00 Cribbage</p> <p>7:00 Whist</p>	<p>5</p> <p>10:00 Gentle Fitness 11:00 Toss & Roll 2:00 Nickel Bingo 7:00 Pool</p>	<p>6</p> <p>HYDRO TUB</p> <p>10:00 Gentle Fitness 11:00 Bocce Ball 2:00 Meet The Chef 2:30 Come and pamper your hands! 7:00 Crokinole</p>	<p>7</p> <p>REFLEXOLOGY DAY</p> <p>10:00 Gentle Fitness 10:30 Crafts & Chat 1:30 Reflexology 2:00 Darts 7:00 Crokinole</p>	<p>8</p> <p>FOOT CARE</p> <p>9:00 FOOT care 10:00 Gentle Fitness 10:45 Walk with Judy 2:00 Market Mall 7:00 Bridge</p>	<p>9</p> <p>10:00 Fitness Friday's 11:00 Poker Hand Walk 2:00 Card Bingo 7:00 Tile Rummy</p> <p>HAPPY BIRTHDAY ED ZENS</p>	<p>10</p> <p>10:00 Gentle Fitness DVD 2:00 Skip Bo 7:00 Movie Night</p>
<p><i>Daylight Savings Time Begins</i> 11</p> <p>2:00 Cribbage 7:00 Whist</p> <p>HAPPY BIRTHDAY DORIS HARRISON Peter Steckler</p>	<p>12</p> <p>PHARMACIST CLINIC</p> <p>10:00 Fitness with Shauna 11:00 Putting 2:00 Nickel Bingo 7:00 Pool Enter Guessing Contest (to be drawn this Friday)</p>	<p>13</p> <p>HYDRO TUB</p> <p>10:00 Fitness Demo with Shauna 11:00 Bocce Ball 1:00 Swim with Shauna 3:00 Bake sugar cookies 7:00 Kaiser</p>	<p>14</p> <p>DOCTOR DAY</p> <p>10:00 Fitness with Shauna 10:30 Crafts & Chat 2:00 Darts 7:00 Crokinole</p>	<p>15</p> <p>10:00 Gentle Fitness 10:45 Walk with Judy 2:00 Lawson Heights Mall 7:00 QUEEN MAVE SCHOOL OF IRISH DANCE</p>	<p>16</p> <p>Denture Clinic</p> <p>9:30 Denture Clinic 10:00 Gentle Fitness 12:00 Winner of guessing contest To be announced 11:00 Shamrock's & Shenanigans! 2:30 HAPPY HOUR - BE SURE TO WEAR SOMETHING GREEN!!!!</p>	<p>17</p> <p><i>St Patrick's Day</i></p> <p>10:00 Gentle Fitness DVD 2:00 - 4:00 -Fifth Ave. Jewellery Collection In The Ballroom 7:00 Movie Night HAPPY BIRTHDAY BRENT STRETCH</p>
<p>18</p> <p>2:00 Cribbage 7:00 Whist</p>	<p>19</p> <p>BELTONE DAY</p> <p>10:00 Fitness with Shauna 11:00 Wellness Words 2:00 Nickel Bingo 7:00 Pool</p>	<p>20</p> <p><i>Spring Begins</i></p> <p>HYDRO TUB</p> <p>10:00 Fitness with Shauna 11:00 Bocce Ball 1:00 Swim with Shauna 2:00 Bake with Chef 7:00 Kaiser HAPPY BIRTHDAY Donna Holmes</p>	<p>21</p> <p>REFLEXOLOGY</p> <p>10:00 Fitness with Shauna 10:30 Crafts & Chat 1:30 Reflexology 2:00 Darts 7:00 Crokinole</p>	<p>22</p> <p>10:00 Gentle Fitness 10:45 Walk with Judy 2:00 Market Mall 7:00 Bridge</p>	<p>23</p> <p>10:00 Gentle Fitness 11:00 Card Bingo 7:00 Tile Rummy</p> <p>HAPPY BIRTHDAY FAYE & BRIENNE</p>	<p>24</p> <p>10:00 Gentle Fitness DVD 2:00 Skip Bo 7:00 Movie Night</p>
<p>25</p> <p>2:00 Cribbage 7:00 Whist NO SHOPPING THIS WEEK!!</p>	<p>26</p> <p>10:00 Fitness with Shauna 11:00 Toss & Roll 2:00 Nickel Bingo 7:00 Pool</p>	<p>27</p> <p>HYDRO TUB</p> <p>10:00 Fitness with Shauna 11:00 Bocce Ball 2:00 Resident Council Meeting 3:00 Swim with Shauna 7:00 Kaiser</p>	<p>28</p> <p>DOCTOR DAY</p> <p>10:00 Fitness with Shauna 10:30 Crafts & Chat 2:30 WELCOMING TEA /MARCH BIRTHDAYS And Entertainment 7:00 Crokinole</p>	<p>29</p> <p>10:00 Gentle Fitness 10:45 Walk with Judy 7:00 Bridge NO SHOPPING TODAY!!</p>	<p>30</p> <p>10:00 Gentle Fitness 11:00 Card Bingo 2:00 "Deal a gift game" 7:00 Tile Rummy</p>	<p>31</p> <p>10:00 Gentle Fitness DVD 2:00 Skip Bo 7:00 Movie Night</p>

PLEASE CHECK THE ACTIVITY CENTRE BOARD FOR ANY CHANGES IN THE CALENDARWELCOME NEW RESIDENTS: EVELYN CONNOR, MARY DUGGLEBY AND BOB CURTIS.

